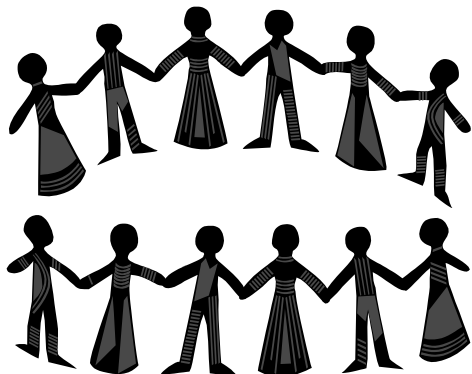


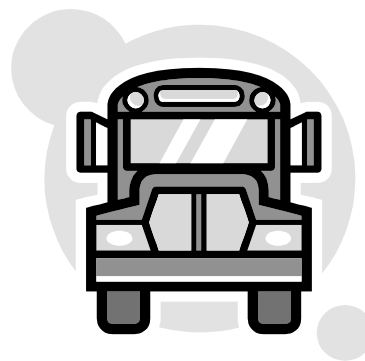
OTHER VOLUNTEER OPPORTUNITIES



In addition to volunteer opportunities at Westend Seniors we also get requests from organizations in the community for volunteer help such as the Misericordia Hospital, Telus World of Science and many others.



Buses that come close to our centre are:
150, 111, 109 & 311



Come join us today!

For more information please contact us at



9629-176 Street
Edmonton, Alberta T5T 6B3

Phone: (780) 483-1209

Fax: (780) 484-7738

volunteers@westendseniors.com
www.westendseniorsactivitycentre.com

Westend Seniors Activity Centre

Volunteering "For The Fun Of It"

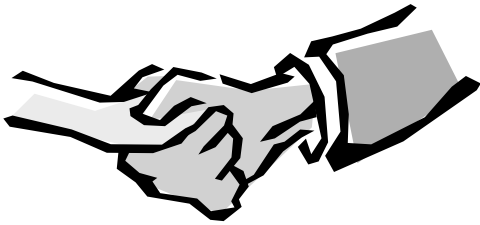


Volunteers Are The



Of Our Centre

WESTEND SENIORS WELCOMES YOU



Westend Seniors is an active & happy place! Westend Seniors was founded in 1978 & welcomes those 55 & over to health, fitness & special interest activities.

The Centre brings seniors together to socialize, volunteer, and learn in a supportive environment.

Getting involved by volunteering helps members to feel part of the organization.

BENEFITS OF VOLUNTEERING

- Meet new people
- Give back to the community
- Learn new skills
- Build self-esteem and self-confidence
- Improve health
- Feel needed and valued
- Make a difference in someone's life
- Share your skills
- Have fun!

**Let Us Know
What You Like
To Do &
We Can Make
It Happen!**

POSITIONS YOU MAY ENJOY:



- Help out at special events: flu clinic, OBB, etc.
- Kitchen helper
- Office work
- Committee work
- Outreach activities
- Serve on the board
- Assist with facility maintenance
- Help with plants
- Library maintenance
- Decorate for special occasions
- Other volunteer opportunities based on individual skills/talents